## Beach Safety Information

IF CAUGHT IN A CURRENT DO NOT TRY TO SWIM TO SHORE!
FACING THE BEACH SWIM LEFT OR RIGHT UNTIL FREED FROM CURRENT
PARENTS GO OVER THIS WITH YOUR CHILDREN, IT MAY SAVE THEIR LIVES

Do Not Panic, the current is not trying to pull you under, just keep your head above water until you are free from the current.

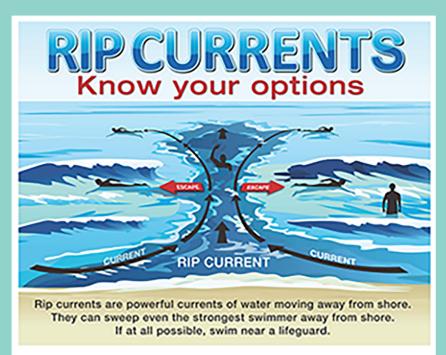
## **Digging Holes Can Be Deadly**

Children & wildlife can become trapped & even killed in large holes on the beach.

Do Not dig holes deeper than the knee & always fill the holes in before you leave the beach.







## IF CAUGHT IN A RIP CURRENT

- Relax, rip currents don't pull you under.
- ♦ Don't swim against the current.
- ♦ Swim out of the current, then to shore.
- ♦ If you can't escape, float or tread water.
- ♦ If you need help, yell or wave for assistance.



Snorkel Gear

Paddleboards

This safety information is provided via weather.gov and distributed to you by Wet Destin, LLC

Visit Wet Destin for paddleboard tours, paddleboard rentals, snorkel rentals, cooler rentals, floating toys, chairs, sunscreen and much more. WETDESTIN.COM